



Kaleida Health

Children's Health Home of Western New York

March 2016

NYS DOH is still working to a September start date for Children's Health Homes and so are we...

- We are ready to begin staffing our advisory committees, starting with Care Management, Physician Steering and School Health. We anticipate many of our advisory committees will begin to meet in late spring. If you are interested in serving in any of our advisory committees please let us know. We are very much looking forward to building the best possible model with the help of our partners.
- We continue to build our network of community partners. Most recently, we are pleased to welcome the following agencies to our network: Community Services for the Developmentally Disabled, Hospice and Palliative Care of Chautauqua County, The Cattaraugus County Department of Health, The Resource Center and Compeer.
- Our website is under development. We anticipate using our website to keep our partners informed of significant developments going forward.

We want to hear from you... if there is a group who would like to hear more about our Health Home, please let us know. If you have any questions, please send them to Jespejo@kaleidahealth.org.

As we experiment with the content of our updates, it occurred to us that it may be helpful for us to facilitate the exchange of innovative resources. Understanding the inherent challenge in staying up to date with ever-changing technology, we have taken the initial step of highlighting a small number of mobile applications designed to encourage and enhance healthy lifestyles and dietary decisions for children:



Free apps focusing on healthy eating habits for children:

Nicholas' Garden
Awesome Eats (first 16 levels are free)
Eat & Move-O-Matic

Free apps that encourage exercise for children:

NFL Play 60
Max's Plate
7 Minute Workout with Lazy Monster
Stop, Breathe & Think

